



Depression and Suicide: What You Need To Know

**A Community Event Sponsored by
Catawba Valley Behavioral Healthcare
828-695-5900**

Special Guest Presenter: Ms. Jodi Flick, LCSW, ACSW
Clinical Assistant Professor with the UNC at Chapel Hill, NC

More than 32,000 people die by suicide each year. It is the third leading cause of death among young people. And an estimated one million people make a suicide attempt each year.

What puts people at risk of taking their own life? How do you recognize and respond to someone who may be suicidal? How does suicide affect friends, loved ones, and the community?

This workshop will explore the difference between unhappiness and depression, identify signs of depression and suicide risk in children, youth and adults, and describe appropriate intervention and treatment.

Date: Monday November 23, 2009
Location: Catawba Valley Community College Auditorium
Time: 6:30 PM – 8:30 PM

There is no cost for this event and no need for pre-registration. The event is not appropriate for children.

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