

## Top 12 Reasons to Get the Pfizer or Moderna Vaccine for COVID-19

- 1) The vaccines are free, virtually painless, and are 95% effective
- 2) Getting the vaccine will protect you, protect others, and will help society back to normal as soon as possible
- 3) Vaccines **add** to the benefit of wearing a mask, social distancing, and handwashing
- 4) The vaccines were developed quickly but the research has been going on for years
- 5) Vaccine trials on more than 40,000 people have had few negative side effects
- 6) The vaccines do not use live virus, which means they **can't** give you COVID-19
- 7) Monitoring by State and Federal officials will be consistent with existing HIPAA confidentiality guidelines
- 8) People were hesitant to get the small pox, measles and polio vaccines, but most people take these vaccines, and those diseases have been all but eliminated around the world
- 9) Medical experts agree that the risks of taking the vaccine are much lower than the risks of becoming seriously ill or dying from COVID-19
- 10) There have been **zero** deaths due to the vaccine and over 320,000 deaths due to COVID-19 in the U.S. and over 1.7 **million** worldwide
- 11) Development of the vaccines included all the steps to show that they're safe and effective (***but medical experts advise people with severe allergic reactions to vaccines or injectable therapies not to take the Pfizer vaccine at this time***)
- 12) **The bottom line:** Taking the COVID-19 vaccine could save your life, the life of someone you serve or work with, or the life of a friend or family member.

### **For more information:**

<https://covid19.ncdhhs.gov/vaccines>

<https://www.uab.edu/news/youcanuse/item/11771-debunking-the-myths-about-the-covid-19-vaccine>

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/faq.html>

<https://www.mayoclinichealthsystem.org/hometown-health/featured-topic/covid-19-vaccine-myths-debunked?linkId=106852374>

